

Nursery "Changing Me" Relationships and Sex Education at Burford Primary School

Theme	Lesson Content & vocabulary	PSHE learning intention
Understand that everyone is unique and special Relationships Ed	My Body	I can name parts of my body and show respect for myself
Can express how they feel when change happens Health Education	Respecting My Body	I can tell you some things I can do and foods I can eat to be healthy
Understand and respect the changes that they see in themselves Health Education	Growing Up	I understand that we all start as babies and grow into children and then adults
Understand and respect the changes that they see in other people Relationships	Growth and Change	I know that I grow and change
Know who to ask for help if they are worried about change Health Education Relationships	Fun and Fears	I can talk about how I feel being the older ones Warwick Class next year
Are looking forward to change Health Education	Celebration	I can remember some fun things about Nursery this year