

Reception Class "Changing Me" Relationships and Sex Education at Burford Primary School

Theme	Lesson Content & vocabulary	PSHE learning intention
<p style="text-align: center;">Understand that everyone is unique and special</p> <p style="text-align: center;">Relationships Ed</p>	My Body	I can name parts of the body
<p style="text-align: center;">Can express how they feel when change happens</p> <p style="text-align: center;">Health Education</p>	Respecting My Body	I can tell you some things I can do and foods I can eat to be healthy
<p style="text-align: center;">Understand and respect the changes that they see in themselves</p> <p style="text-align: center;">Health Education</p>	Growing Up	I understand that we all grow from babies to adults
<p style="text-align: center;">Understand and respect the changes that they see in other people</p> <p style="text-align: center;">Relationships</p>	Fun and Fears Part 1	I can express how I feel about moving to Year 1
<p style="text-align: center;">Know who to ask for help if they are worried about change</p> <p style="text-align: center;">Health Education Relationships</p>	Fun and Fears Part 2	I can talk about my worries and/or the things I am looking forward to about being in Year 1
<p style="text-align: center;">Are looking forward to change</p> <p style="text-align: center;">Health Education</p>	Celebration	I can share my memories of the best bits of this year in Reception