

Year 2 "Changing Me" Relationships and Sex Education at Burford Primary School

Theme	Lesson Content & vocabulary	PSHE learning intention	Social & Emotional Development Learning Intention
<p>Understand that everyone is unique and special</p> <p>Relationships Ed Health Education</p> <p>notice that animals, including humans, have offspring which grow into adults</p> <p>Science Education</p>	<p>Life Cycles in Nature</p> <ul style="list-style-type: none"> • Change • Grow • Life cycle • Control • Baby • Adult • Fully grown 	<p>I can recognise cycles of life in nature</p>	<p>I understand there are some changes that are outside my control and can recognise how I feel about this</p>
<p>Can express how they feel when change happens</p> <p>Health Education</p>	<p>Growing from Young to Old</p> <ul style="list-style-type: none"> • Growing up • Old • Young • Change • Respect • Appearance • Physical 	<p>I can tell you about the natural process of growing from young to old and understand that this is not in my control</p>	<p>I can identify people I respect who are older than me</p>
<p>Understand and respect the changes that they see in themselves</p> <p>Health Education Relationships Ed</p>	<p>The Changing Me</p> <ul style="list-style-type: none"> • Baby • Toddler • Child • Teenager • Adult • Independent • Timeline • Freedom • Responsibilities 	<p>I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old</p>	<p>I feel proud about becoming more independent</p>
<p>Know who to ask for help if they are worried about change</p> <p>Health Education Relationships</p>	<p>Assertiveness</p> <ul style="list-style-type: none"> • Touch • Texture • Cuddle • Hug • Squeeze • Like • Dislike • Comfortable • Uncomfortable 	<p>I understand there are different types of touch and can tell you which ones I like and don't like</p>	<p>I am confident to say what I like and don't like and can ask for help</p>
<p>Are looking forward to change</p> <p>Health Education</p>	<p>Looking Ahead</p> <p>Change Looking forward Excited</p>	<p>I can identify what I am looking forward to when I move to my next class.</p>	<p>I can start to think about changes I will make next year and know how to go about this.</p>

	<i>Nervous</i> <i>Anxious</i> <i>Happy</i>		
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