

Year 3 “Changing Me” Relationships and Sex Education at Burford Primary School

Theme	Lesson Content & vocabulary	PSHE learning intention	Social & Emotional Development Learning Intention
<p align="center">Understand that everyone is unique and special</p> <p>Relationships Ed Health Education</p> <p>Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat</p> <p>Identify that humans and some other animals have skeletons and muscles for support, protection and movement</p> <p>Science Education</p>	<p align="center">Animals and Humans</p> <p align="center">Grow</p> <p align="center"><i>Male</i> <i>Female</i> <i>Changes</i> <i>Birth</i> <i>Animals</i> <i>Babies</i> <i>Mother</i> <i>Growing up</i></p>	<p align="center">I understand that in animals and humans lots of changes happen between birth and fully grown, and that usually it is the female who has the baby</p>	<p align="center">I can express how I feel when I see babies or baby animals</p>
<p align="center">Understand that each person’s body belongs to them</p> <p>Relationships Ed</p>	<p align="center">The male and female body parts</p> <p align="center"><i>Penis</i> <i>Breasts</i></p>	<p align="center">I know that boys and girls have different body parts and these change as they grow</p>	<p align="center">I understand that these parts of the body are private</p>
<p align="center">Know who to ask for help if they are worried about change</p> <p>Relationships Ed</p>	<p align="center">Family Stereotypes</p> <p align="center"><i>Stereotypes</i> <i>Task</i> <i>Roles</i> <i>Challenge</i></p>	<p align="center">I can start to recognise stereotypical ideas I might have about parenting and family roles</p>	<p align="center">I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes</p>
<p align="center">Are looking forward to change</p> <p>Health Education</p>	<p align="center">Looking Ahead</p> <p align="center"><i>Change</i> <i>Looking forward</i> <i>Excited</i> <i>Nervous</i> <i>Anxious</i> <i>Happy</i></p>	<p align="center">I can identify what I am looking forward to when I move to my next class.</p>	<p align="center">I can start to think about changes I will make next year and know how to go about this.</p>