WEEK COMMENCING September 4th September 25th December 18th October 16th January 8th November 6th January 29th

MONDAY

Margherita Pizza

with New Potatoes, Sweetcorn and Carrots
Crispy Coated Bubble Salmon

with New Potatoes, Sweetcorn and Carrots

Baked Jacket Potato

with a choice of filling

Apple Crumble

BREAD

FRESH FRUIT

DAILY

AUTUMN - WINTER 2023 - 2024

TUESDAY

Mild Beef Tacos

with Mixed Rice, Green Beans and Carrots

Cheese and Onion Whirl

with New Potatoes, Green Beans and Carrots

Baked Jacket Potato

with a choice of filling

Fruity Oat Cookie

WEDNESDAY

Roast Pork with Yorkshire Pudding with Roast Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Autumn Vegetable Bake

with Roast Potatoes, Seasonal Vegetables and Savoy Cabbage.

Baked Jacket Potato

with a choice of filling.

Jelly with Fruit

THURSDAY

Chicken and Sweetcorn Meatballs with Marinara Sauce in a Sub Roll

with Tiny Tater Tots, Sweetcorn and Broccoli

Veggie Burger in a Soft Roll

with Tiny Tater Tots, Sweetcorn and Broccoli Baked Jacket Potato

with a choice of filling.

ice Cream



FRIDAY

Oven Baked Breaded Fish Fillet with Tomato Ketchup

with Chips or Pasta and Peas or Baked Beans

Crispy Quorn Dippers

with Tomato Ketchup

with Chips or Pasta and Peas and Baked Beans

Baked Jacket Potato

with a choice of filling.

Vanilla Sponge with Sprinkles





MONDAY

Ham Carbonara with Fusilli Pasta

with Green Beans and Carrots

Margherita Pizza

with Herby New Potatoes and Green Beans and Carrots

Baked Jacket Potato with a choice of filling.

Apple Flapjack

BREAD

AUTUMN - WINTER 2023 - 2024

TUESDAY

DAILY

Chicken Fillet with Katsu Curry Sauce

with Mixed Rice, Peas and Carrots

Macaroni Cheese

with Peas and Carrots

Baked Jacket Potato

with a choice of filling.

Feathered Raspberry Sponge

WEDNESDAY

Roast Chicken with Yorkshire Pudding with New Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Quorn Chicken Pieces in a Yorkshire Pudding with New Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Baked Jacket Potato

with a choice of filling.

Jelly with Fruit

THURSDAY

Beef Burger in a Soft Roll

with Jacket Wedges, Coleslaw and Sweetcorn

Vegetarian Sausage Roll

with Herby New Potatoes, Coleslaw and Sweetcorn

Baked Jacket Potato

with a choice of filling.

Lemon Shortbread

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COMPANY-

FRIDAY

Oven Baked Fish Fingers with Tomato Ketchup

with Chips or Pasta and Peas or Baked Beans

Cheese and Bean Burrito

with Chips or Pasta and Peas and Baked Beans

Baked Jacket Potato

with a choice of filling.

Iced Fruit Smoothie







HA-PEA!



MONDAY

Margherita Pizza

with New Potatoes, Sweetcorn and Carrots

Neapolitan Tomato Pasta Bake

with Sweetcorn and Carrots

Baked Jacket Potato

with a choice of filling.

Chocolate Cookie

BREAD

FRESH FRUIT

DAILY

AUTUMN - WINTER 2023 - 2024

TUESDAY

Pasta Bolognaise

with Herby Bread, Carrots and Broccoli Sweet Potato and Vegetable Curry

with Mixed Rice, Carrots and Broccoli Baked Jacket Potato

with a choice of filling.

Banana Flapjack

WEDNESDAY

Oven Baked Pork Sausages

with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Oven Baked Quorn Sausages

with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables, Savoy Cabbage and Gravy

Baked Jacket Potato

with a choice of filling.

Jelly with Fruit

THURSDAY

Crispy Chicken Bites

with Tiny Tater Tots, Sweetcorn and Carrots

Cheese and Red Onion Quiche

with Tiny Tater Tots, Sweetcorn and Carrots

Baked Jacket Potato

with a choice of filling.

Carrot Cake



FRIDAY

Oven Baked Breaded Fish Fillet with Tomato Ketchup

with Chips or Pasta and Peas or Baked Beans

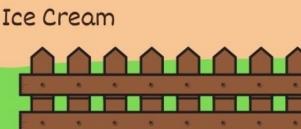
Vegetable Goujons

with Tomato Ketchup

with Chips or Pasta and Peas and Baked Beans

Baked Jacket Potato

with a choice of filling.







BURFORD **PRIMARY SCHOOL**

LUNCH MENU

AUTUMN-WINTER 2023-2024

The School Lunch Company is passionate about food and offers a healthy and nutritious hot meal every day, using fresh produce from local suppliers.

> **WE LOOK FORWARD TO WELCOMING YOU.**

ALLERGY INFORMATION

If your child has an allergy or intolerance please ask a member of The School Lunch Company team for more information. Allergy menus are available upon request and at the discretion of TSLC.

> THIS MAKES US SMILE!



- Our produce is sourced from local suppliers where possible.
- We use Farm Assured Red Tractor Chicken.
- Our fresh bread is wholemeal or 50/50.
- Our white fish and salmon are MSC certified.
- All of our burgers and sausages meet the recommended standard.
 - Our eggs are free range.
- We serve Yeo Valley organic yoghurts.



FRESH FRUIT



Our menu meets the requirements of the Government's School Food Plan. Research has shown that a hot, two course lunch provides the essential physical and mental energy to get through the demands of a school day.





THE RED TRACTOR SHOWS OUR UK FARMS SOURCED 1 FOOD IS PRODUCED TO HIGH STANDARDS FROM FIELD TO FORK

WE USE MSC CERTIFIED

FISH TO ENCOURAGE

WELL MANAGED AND SUSTAINABLE FISHING







